

December 2018

# Volunteer News

## Sheppard Pratt Health System's Capitol Region



PART OF THE SHEPPARD PRATT HEALTH SYSTEM.



### Bring joy during the holidays

#### It's time for Family Services' Hope for the Holidays!

For the thousands of children, adults, and families we serve each year, the holidays mean a direct and positive connection to the generosity and kindness of people like YOU. We invite you to experience the joy of giving back to those who are experiencing difficulties in their lives by participating in our 2018 Hope for the Holidays giving program. Help make this season special for EVERYONE!

How you can help...



#### ADOPT A FAMILY/INDIVIDUAL ADULT-

Purchase new toys, books, hats/gloves, or gift cards to share with families and individual adults who participate in our programs.

We're using Sign Up Genius to post the gift requests. It's so easy to use! Go to the [WEBSITE](#), choose to purchase specific gifts for families or adults, generic gifts, or gift cards. You'll receive a reminder email of your donation along with gift drop-off instructions. Contact [mary.murphy@fs-inc.org](mailto:mary.murphy@fs-inc.org) or call 301-840-3183 if you have questions.

**DONATE-** Your generous donations provide relief for struggling families during the holiday season. Your direct support provides an immeasurable and lifelong impact on the most vulnerable residents living in our community. To find ways to donate, please [CLICK HERE](#) or contact Wendy Enderson at [WEnderson@sheppardpratt.org](mailto:WEnderson@sheppardpratt.org) or call 410-938-4025.

**LEAD A DRIVE** - Organize your own drive as part of Family Services' 2018 Hope for the Holidays giving program. To see a complete "Wish List", please [CLICK HERE](#). For more information, call 301-840-3183.

#### **VOLUNTEER** - Help us make our annual Holiday lunch at **Montgomery Station.**

- **Tuesday, December 18**
- Cooks are needed from **8:30 a.m. - 12:00 p.m.**
- Servers/cleaners are needed from **11:45 a.m. - 1:30 p.m.**
- Volunteers are welcome to help for both shifts



### Be a tutor, change a life

### DARE To Be You volunteers offer support for new session

Several bilingual volunteers helped **DARE To Be You** families complete their applications and family questionnaires for the fall session. Volunteers also served dinner to the families and assisted children in the classroom. Below, volunteer Lia Vasquez worked with students to identify emotions as part of one of the activities. Sapienza Price, DTBY program director, was thrilled to have volunteers on hand to help with all the details that go along with starting a new session.



### Brightening Discovery Station space

Members of Highlight Church were back at Family Services on a Saturday in November to paint the entire multipurpose room of Early Head Start's Discovery Station. Adding a fresh coat of paint is a great way to brighten a space, and Early Head Start staff and children are very happy to have a *feels like new* play area!

Several Family Services' programs are looking for volunteer tutors. Please let us know if you can help!

### Linkages to Learning program at Rosemont Elementary School

- Work with small groups of 2nd-5th graders in a variety of subjects
- **Wednesdays from 3:00 p.m. - 4:30 p.m.**
- 16400 Alden Avenue, Gaithersburg, MD, 20877

### Linkages to Learning program at Gaithersburg Middle School

- Work with middle school students in a variety of subjects
- Bilingual in Spanish/English required
- **Wednesdays from 3:15 p.m. - 4:15 p.m.**
- 2 Teachers Way, Gaithersburg, MD, 20877

### Regional Youth Services program

- Work one-on-one with elementary and/or middle school students for an hour each week
- Tutors needed for a variety of subjects, especially math
- **Mondays-Thursdays from 4:00 p.m. - 7:00 p.m.**
- 620 East Diamond Avenue, Suite H, Gaithersburg, MD, 20877

**Early Head Start** is looking for a basic statistics tutor for a current teacher working to complete her degree.

- **Tuesdays and/or Thursdays from 4:00 p.m. - 5:00 p.m.**
- 640 East Diamond Avenue, Suite A, Gaithersburg, MD, 20877

Be a tutor,  
change a life.

### Thank you Early Head Start volunteers

Volunteers were back at **Early Head Start** to help with several events in December. We are grateful to have students from Montgomery County Public Schools and Montgomery College offer their time and energy to help! Please stay tuned to the **Montgomery County Volunteer Center** for details on more Early Head Start special events in 2019 and we hope you can help!



### Happy Thanksgiving at Montgomery Station

Over a three day period, a total of 24 volunteers helped to prepare turkeys and bake pumpkin pies, and then cook and serve all the fixings for an amazing Thanksgiving lunch at Montgomery Station. Three teams of volunteers put in nearly 90 hours of service. Teresa Turnbull, Family Services' Kitchen Director, was incredibly grateful to have everyone's support. And Montgomery Station clients and staff were most thankful for an especially delicious holiday meal.

Thank you to all the volunteers who contributed to this special lunch including groups from Holiday Inn Gaithersburg and Montgomery Cornerstone Masonic Lodge #195.





## FSI's Holiday kick-off event for families was a huge success

Thank you to the entire Sbily family and **Christmas Tree Santas** for providing Christmas trees with the stands, lights and decorations to 150 Family Services' families and individuals. To celebrate this wonderful partnership, FSI hosted its first Holiday kick-off event for families on November 30. Hundreds of people attended to get their tree or to just enjoy the music, pictures with Santa, kids' activities, hot dogs/hamburgers, cookies and hot cocoa.

Thank you to all the volunteers, including a team from Quest Software, who served food, helped with kids' arts and crafts and loaded trees onto cars. Your assistance was key to the success of this wonderful new holiday event.



## Monthly new volunteer orientations

Learn more about Family Services and the Sheppard Pratt Health System, our volunteer policies, and current volunteer opportunities at our monthly new volunteer orientations. Upcoming one-hour sessions include:

- **Thursday, December 6 at 6:00 p.m.**
- **Monday, December 17 at 12:00 p.m.**



## Getting ready for the holidays

To welcome the winter holidays, a terrific team of volunteers created decorations at Montgomery Station.



Another team of volunteers wrapped stacks and stacks of children's gifts for Family Services' **Healthy Families Montgomery** program. Many thanks to these volunteers for bringing holiday cheer to FSI's clients and staff!



Contact [mary.murphy@fs-inc.org](mailto:mary.murphy@fs-inc.org) to RSVP. Online applications are available on **our website**. Orientations are held at 620 East Diamond Avenue in Gaithersburg, MD, 20877.

To learn more about volunteering for any of the opportunities listed above, **contact Mary Murphy, Volunteer and Marketing Specialist, at [mary.murphy@fs-inc.org](mailto:mary.murphy@fs-inc.org) or call 301-840-3183.**