



*Family Services, Inc.*

## VOLUNTEER NEWS FEBRUARY 2018

### Can you volunteer on a regular basis?

If the answer is YES, check out the following volunteer opportunities and let us know if you'd like to learn more.

#### Family Discovery Center needs

- ESOL class assistants
- Mondays-Thursdays
- 1:15-3:15pm
- 1010 Grandin Avenue, Rockville



#### Linkages to Learning at Gaithersburg Middle School would like to have

- Adult tutors to work one-on-one with a student for an hour or two each week
- Mondays and Wednesdays
- 3:30-5:30pm
- 2 Teachers Way

#### Regional Youth Services needs

- Student and adult tutors to work one-on-one with a student for an hour each week
- Mondays through Thursdays
- 4:00-7:00pm
- 620 East Diamond Avenue, Suite H

Be a tutor,  
change a life.

#### Greater DC Diaper Bank delivery help

- The first Tuesday of each month FSI gets a delivery of over 5000 diapers from the GDCDB and we'd love a volunteer to help us unload and sort the order.
- **Tuesday, February 6**
- 1:30-3:00pm
- 620 East Diamond Avenue, Suite M



#### We also have several special events coming up in March.

Check your calendars to see if you can help for a few hours with any of the following:

#### Early Head Start wants volunteers to help with

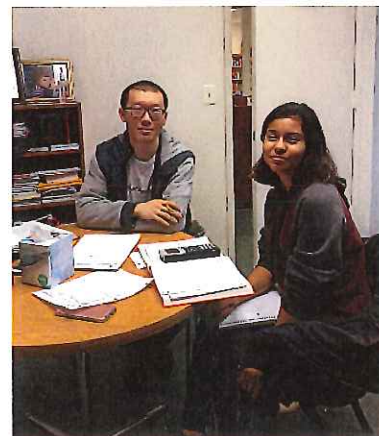
- Food prep/service, child care and Spanish interpretation for a Parent Committee meeting
- **Tuesday, March 13**
- 4:00-7:30pm

### Volunteer tutors make a big difference

The Regional Youth Services' tutoring program offers a win-win opportunity for students to learn or earn!

Last year 100 students received tutoring assistance from 75 tutors, 46 of whom were students themselves receiving Student Service Learning hours for their volunteering efforts. Nearly 30 adults tutor each week as well, meeting with elementary, middle and high school students to help with math, science, reading and general study skills. The RYS tutoring program has been in operation since 1990.

RYS tutors work one-on-one with at least one student for an hour each week, and many tutors volunteer to help several students every week. There is a waitlist of students, so more tutors are always needed!





- 630 East Diamond Avenue

### Montgomery Station needs volunteers for a special St. Patrick's Day lunch

- Cooking, serving and clean up
- **Tuesday, March 13**
- 9:30am-1:30pm
- 630 East Diamond Avenue



RYS Program Director, Luz Lambert, says, "Parents are grateful for the extra academic support that can sometimes be difficult to provide at home, and the kids are clearly benefiting from their interactions with the tutors."

Annie Cooksey and Colleen McNulty started tutoring with the RYS program in 2017 as part of their Girl Scouts' Silver Award project. They began working with one student each, and soon paired up as a team to help four students every week. They were thrilled to "share their knowledge", and in return they received "big smiles" from their elementary school-aged students

## MLK Day of Service 2018

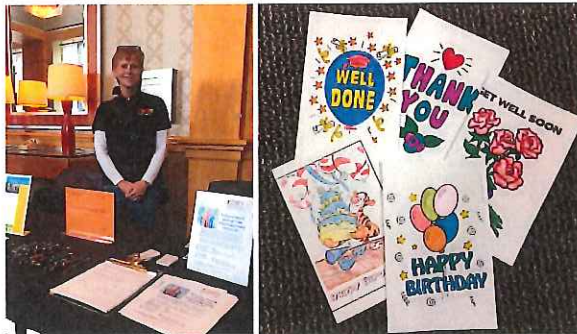
Across Montgomery County, thousands of individuals honored Martin Luther King Jr.'s legacy by volunteering on the MLK Day of Service and the weekend leading up to the holiday.

More than 3,500 people participated in the [Montgomery County Volunteer Center's](#)



largest-ever multi-project site at the Bethesda North Marriott Conference Center, packaging food for the hungry, creating hand warmers for seniors, making *monster stuffies* for children and much more. Family Services was there to share information about our programs and volunteer opportunities.

Students from Earle B. Wood Middle School in Rockville planned their own service project to honor Dr. King, making a variety of cards to share with Family Services programs. We've received our first shipment of hand-made *Thank You, Well Done, Happy Birthday* and *Get Well* cards, with more to come. We know these beautiful cards will brighten the day for many of our clients!



Annie and Colleen also developed a "Cheat Sheet" with best practice suggestions for new tutors and a flyer to recruit more tutors. They are currently organizing a drive for backpacks and school supplies to donate to the tutoring program!

To learn more about tutoring with Regional Youth Services, contact [mary.murphy@fs-inc.org](mailto:mary.murphy@fs-inc.org) or call 301-840-3183.

## Save the Date

Come enjoy yourself at our **4th Annual Corks for a Cause** to raise funds for children's mental health.

- **Saturday, April 28, 2018**
- **6:00PM - 9:00PM**
- **PINKY AND PEPE'S GRAPE ESCAPE**
- **223 Kentlands Blvd, Gaithersburg**

Ticket cost includes admission, one drink ticket and hors d'oeuvres. Also enjoy a Silent Auction featuring exciting items such as getaway vacations, gift baskets, wine tastings and more! Stay tuned for more information and to purchase online tickets.

## "A Night Out" is a big hit

Family Services partnered with Nourish Now once again to offer "A Night Out" dinner at Montgomery Station in January. [Nourish Now](#) is a Rockville-based nonprofit that collects food donations from restaurants, caterers, bakeries, grocery stores and other providers. Donations are then distributed directly to those in need, to housing and social service agencies, and to religious institutions and other organizations that assist in feeding the hungry.

Over 25 clients from Montgomery Station came out to enjoy a delicious Italian dinner from Mama Lucia's, serenaded by classic Italian music and surrounded by decorations created by FSI volunteers. A team of student volunteers helped with set up, serving the meal and clean up. It was a festive night out with the help of terrific volunteers!





## Monthly new volunteer orientations

Learn more about FSI, our volunteer policies and current volunteer opportunities at our monthly new volunteer orientations. Upcoming one-hour sessions include:

- Thursday, February 8 at 6pm
- Tuesday, February 27 at 12noon

RSVP to [mary.murphy@fs-inc.org](mailto:mary.murphy@fs-inc.org) or call 301-840-3183.



To learn more about volunteering at Family Services, Inc. or any of the opportunities listed above, contact Mary Murphy, Volunteer and Marketing Specialist, at [mary.murphy@fs-inc.org](mailto:mary.murphy@fs-inc.org) or call 301-840-3183.