



TOGETHER

## Working with Couples to Build Strong Families

- ▶ **Strengthen** your relationship with your partner
- ▶ **Manage** your life and finances with less stress
- ▶ **Create** a financial future together



### What is TOGETHER?

The TOGETHER Program provides a safe place for couples wanting to work together to build long-lasting changes in their families.

TOGETHER involves a research component to evaluate the effectiveness of its services. Participants are randomly assigned to receive or not to receive services. However, all participants receive incentives (gift cards) for completion of surveys.



### What Does TOGETHER Offer?

- A 20-hour educational workshop (small groups) for couples focusing on:
  - Communication and Problem Solving
  - Stress Management
  - Money Management
- Access to community resources and services
- Opportunities for job and career services

Incentives (gift cards) available for completion of surveys and attendance.

All services **free of charge to eligible participants** in Northern Virginia and Montgomery County (MD).



### How Can You Participate?

If you and your partner are **over the age of 18**, and have **lived together for at least one year**, TOGETHER may be the right program for you. Please contact us to find out more information.

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