



Enrich, Empower, Enhance & Embrace



The Donor Dish

Welcome to the first edition of The Donor Dish, our quarterly e-newsletter specifically created to keep you up-to-date on the latest FSI happenings, featured FSI programs, and current donor and volunteer news.

Don't miss these three events!

- Sunday, October 8 at 12:30pm
- Film screening of *Gaslight*
- AFI Silver Theater
- 8633 Colesville Road, Silver Spring
- General Admission \$13. Purchase tickets by clicking [HERE](#).



Please join us in honoring **Domestic Violence Awareness Month** with a screening of the 1944 film *Gaslight*. Stay for the post-film panel discussion demystifying the concept of "gaslighting" a form of emotional abuse where manipulation is used to make someone feel like they are losing their

Donor opportunities

****Bring joy during the holidays through giving****

FSI's Holiday Drive!

For the thousands of children, adults and families we serve each year, the holidays mean a direct and positive connection to the generosity and kindness of people like YOU. We invite you to experience the joy of giving back to those who are experiencing difficulties in their lives by participating in our 2017 Holiday Drive. Help make this season special for EVERYONE!

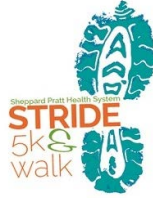


How you can help...

sense of reality.

This event is a collaborative project brought to you by Aha! Moment, Pathways to Safety International, DC Volunteer Lawyers Project, Family Services, Inc. and the Film Noir Foundation.

- Saturday, October 14 at 8:30am
- **4th Annual Sheppard Pratt Health System STRIDE**
- Towson Campus gymnasium
- 6501 N. Charles Street, Baltimore



The Sheppard Pratt Health System 4th **ANNUAL STRIDE** is a timed 5K race and family-friendly 1-mile walk. All proceeds from the Stride go directly to supporting our mental health, special education, substance use, and social services.

The 5K will begin at 8:30 a.m. at the gymnasium on SPHS's Towson campus; the 1-mile walk will begin at 8:40 a.m. Family-friendly entertainment, including music, games, photo booth, bounce house, face painting, and more, will keep the fun going all morning long, so make sure to stick around campus after you Stride!

To join the FSI running team, "We are Family!" contact erica.henze@fs-inc.org.

- Thursday, October 19 at 10am
- **Press conference with County Executive, Isiah Leggett**
- Montgomery County Executive Office Bldg
- 101 Monroe Street, Rockville



County Executive Isiah Leggett will hold a press conference to kick-off the **BTheOne** campaign to fight suicide and opioid abuse. The campaign will begin the mass dissemination of crisis resources for suicide and opioid addiction at multiple locations such as bus/Metro stations, movie theaters, Montgomery County Public Schools, and on TV/radio/social media. Family Services, Inc. and

Donate - Your generous donations provide relief for struggling children and their families during the holiday season. Your direct support provides an immeasurable and lifelong impact on the most vulnerable residents living in our community. To find ways to donate, please [CLICK HERE](#), visit us at www.fs-inc.org, or call 301-840-3208.

Lead a Drive - Organize your own drive as part of Family Service's 2017 Holiday Drive. To see a complete "Wish List", please [CLICK HERE](#). For more information, please call 301-840-3225.

Volunteer - Help us sort, wrap and prepare donations for distribution to all our families. For more information about volunteer opportunities, please call 301-840-3183.

Thank you for helping us bring hope and joy to those in need.

Save the Date*

FSI's Inaugural Golf Tournament

- Monday, June 4, 2018 at 8:00am
- [OAK CREEK GOLF CLUB](#)
- 600 Bowieville Manor Lane
- Upper Marlboro



We'll be raising money to support our mental health programs in Prince George's county.

We're putting together several planning committees, and we'd love to have volunteers help us start organizing now! Contact mary.murphy@fs-inc.org if interested. Stay tuned for more details and we hope to see you on the greens at Oak Creek Golf Club in June!

Volunteer news

Volunteers help at Family Services in so many ways!

We've got regular volunteers who help each week in about a dozen FSI programs. For example, at the Regional Youth Services program and The Landing, volunteers tutor students of all ages. At the

EveryMind are co-sponsoring the campaign.

Speakers will include the County Executive, County Council members, leaders from the Montgomery County Department of Health and Human Services and MCPS, and several community members who will share their personal stories.

FSI Features

Welcome to one of the newest programs at FSI:
Thriving Germantown Community HUB

In 2016, the Healthcare Initiative Foundation (HIF) and the Captain James E. Daly Elementary School (DES) joined forces to look into ways of addressing poverty in the Germantown area generally and the DES community specifically. As Germantown has grown and become more diverse, the economic, health, and educational disparities for its most vulnerable residents have increased.

Thriving Germantown Community HUB is a multi-generational, multi-sector care coordination initiative that provides services to families with children enrolled in Pre-K or Kindergarten at DES. Angelo Knox, the program director, is supported by four Family Services Coordinators (FSC), each focusing on a special risk area (early care/education, health and wellness, behavioral health, and household sustainability).

HIF provided a planning grant to FSI to develop funding and is taking the lead in establishing the HUB that will initiate services in the 2017/2018 school year.



New program staff received training from Care Coordination Systems, the developers and providers of the IT platform, Pathways HUB Connect, which

Outpatient Mental Health Center and Step Ahead volunteers help with administrative tasks. At the Family Discovery Center and Early Head Start, volunteers provide child development support and child care.

We've also got individuals who help throughout the year for special projects and events. For instance, every month we need a dozen volunteers to help make a special lunch at Montgomery Station. Kitchen Director, Teresa Turnbull, always offers a creative menu and we have a great time chopping, roasting, baking, serving and even cleaning up!



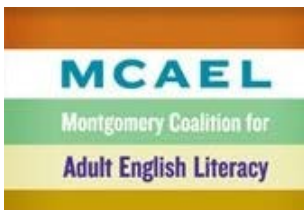
Groups of volunteers are definitely welcome to help at FSI. We've had church groups and local businesses help with cleaning and organizing days, landscaping and painting projects, special program events, and more. Last spring, Holiday Inn Gaithersburg staff beautified the grounds at the Betty Ann Kranhke (BAK) Center while Marriott International volunteers landscaped 7 different FSI sites.



is being used to support the HUB's work. Thriving Germantown Community HUB is off to a great start!

The following have generously provided funding for this initiative:

**THE MORRIS & GWENDOLYN
CAFRITZ FOUNDATION**



This summer, our friends at Cisco donated a barbecue and then grilled steaks for an incredible lunch at Montgomery Station. And in September, Highlight Church members organized a "Back-to-School Bash" and donated school supplies for kids at the BAK Center.



We are open to hearing how you can help! To learn more about the FSI volunteer program, contact mary.murphy@fs-inc.org.



THANK YOU FOR YOUR SUPPORT

Here's our roll call of all who made a donation to FSI in July, August or September, 2017. Your support truly makes a difference for Family Services, Inc.

Adela & Francis Price / Aishini Thiyagarajan / Alcira Colón / Ally Kahler / Altrusa Club of Montgomery County / Ann Pararas / Anne Hawley / Asian-American Home Ownership Counseling, Inc. / Barbara Bush Foundation for Family Literacy / Beronica Bonilla / Brightview Senior Living - Fallsgrove / Butler's Orchard / Carol Hayes / Cathy Lamaze / Children's Opportunity Fund / Church of the Redeemer / City of Gaithersburg / Clare Herington / Clarksburg United Methodist Church / Clark-Winchcole Foundation / Comfort Cases / Danielle Blair / DC Diaper Bank / Dean A. Manson / Diane Ennist / Dilma Mercedes / Dina Torres / Erica Henze / Ferne Miller / Healthcare Initiative Foundation / Heather Locraft / Highlight Church / Hue T Tran / IBM Employee Charitable Campaign / Janet E. Curran / Jennifer Zuckerman / Jerilin Mesa-Roberts / Jerome Chester / Jocelyn Cook / Joelly Belman / John G. Compton / Kara Pokras / Karla Hoffman / Kathleen Guinane / Katie Reed / Katie Weigle / Kevin Mooney / Kim Soper / Kristen Sullivan / Kylie McCleaf / Laura Cruz / Leondra Howard / Linden Silvers / Lisa Blackwood / Lisa Haun / Lori Golino / Lowell Nelson / Lynda Ralli / Mabel Lee / Main Street Pollo / Margaret Sood / Marie Schram / Marta Acosta / Maryland Association for Family and Community Education - Montgomery County / Maryland Community Health Resources Commission / Maryland State Department of Education / Megan Gleason / Meredith Myers / Mindy Buren / Monica Lopez / Monica Martin / Montgomery Coalition for Adult English Literacy / Montgomery County Council / Montgomery County Department of Health & Human Services (DHHS) / Montgomery County Emergency Food & Shelter Program (EFSP) / Montgomery County Executive / Montgomery County Federation of Women's Club / Morris and Gwendolyn Cafritz Foundation / Nourish Now / Patricia Radigan / Patrick Lacefield / Phannarith Saim / Rachel Becker / Red Wiggler Farm / Roxanne Dryden-Edwards / Sandra Smith / Sarah Kessler / Scott Birdsong / Social & Scientific Systems, Inc. / State of Maryland Department of Health and Mental Hygiene / Tamara Jack / Teresa Jerman / The Community Foundation in Montgomery County / Theresa Watson / Towels for Tears / Tristan Roberts / United Way of the National Capital Area / Vivian Levi / Wendy Enderson / Zelma Sciaudone