

## Curriculum COK

### ***Creative Lesson Planning 2-3 hours***

Walk through the steps of creating lesson plans for children of all ages. Learn new tools and ideas for fun and creative activities for children in your care.

### ***Art for the Fun of it! 2-3 hours***

The focus of art for young children is exploration and fun. This training will review the developmental milestones of art in young children and the teacher's role in art, as well as offer fun and creative ways to plan art activities for young children.

### ***Music and Movement with Young Children 2-3 hours***

Walk away with ideas to incorporate music, singing and movement into every day lesson planning. Understand the purpose and benefits to using music and movement for circle time, group activities and transitions. Learn how to use props with music and movement to enhance your curriculum.



## Professionalism COK

### ***Trouble with Tricky Staff 2 or 3 hours***

Hear about different leadership styles and how to lay out expectations for program staff. We will discuss personality styles and how a good mix of personalities contribute to a strong team. Participants will learn how to design performance improvement plans that are objective and goal oriented.

All inclusive fee for up to 25 staff at your site: \$300—2 hour; \$450—3 hour

\* Additional charge for travel outside of Montgomery County, MD

## **Our Mission. Our Vision**

Our mission is to foster strong and healthy individuals and families through innovative education, behavioral health, child development and social services that address needs in the home, school and community.

Family Services, Inc. vision will be at the forefront in the development and delivery of services that meet the needs of a culturally diverse and evolving community.



## Family Services, Inc.

*An affiliate of Sheppard & Enoch Pratt Foundation*

610 East Diamond Avenue  
Suite 100  
Gaithersburg, MD 20877

**Visit our website:**  
**[www.fs-inc.org](http://www.fs-inc.org)**

United Way #8098  
CFC #28943  
MD Charity Campaign #3190

## Family Services, Inc.

*Providing children a foundation for success in school and in life*

## Early Childhood Education and Training CKO-1700

Training Descriptions  
Updated April 2010



For additional information  
or to arrange for training,  
contact Helma Irving at  
(301) 840-3248 or

[irvinghelma@fs-inc.org](mailto:irvinghelma@fs-inc.org)



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# Early Childhood Education and Training Class Descriptions

Early Childhood Education and Training (ECET) team offers high quality educational opportunities for early childhood professionals and parents and works to: Provide high quality continuing education classes to early childhood professionals (both Child Care Providers and Home Visitors); Coordinate Parents as Teachers home visiting training opportunities. (call for more details)

## ***Social and Emotional Foundations for Early Learning (SEFEL)***

### **Infant and Toddler – Series (18 hrs):**

**Module 1** Social & Emotional Development within the Context of Relationships (Child Development COK – 6 hours)

**Module 2** Responsive Routines, Environments and, Strategies to Support Social Emotional Development in Infants and Toddlers (Curriculum COK - 6 hours)

**Module 3** Individualized Intervention with Infants and Toddlers: Determining the Meaning of Behavior and Developing Appropriate Responses (Special Needs COK – 6 hours)

### **Pre-K (3s to 5s) – Series (21hrs):**

**Module 1** Promoting Children's Success: Building Relationships and Creating Supportive Environments (Curriculum COK - 6 hours)

**Module 2** Social Emotional Teaching Strategies (Curriculum COK - 5 hours)

**Module 3A** Individualized Intensive Interventions: Determining the Meaning of Challenging Behavior (Child Development COK – 5 hours)

**Module 3B** Developing a Behavior Support Plan (Special Needs COK - 5 hours)



## **Health, Safety and Nutrition**

### **Core of Knowledge (COK)**

#### ***Preparing for the Flu and Planning for Continuity of Care 3 hours***

Learn what the flu is, how it spreads and how to provide protection in a childcare setting. We will discuss the key role the child care provider plays in preparing for health emergencies such as an outbreak of pandemic influenza.

#### ***Teaching Healthy Dental Care: Cavity Free Kids 3 hours***

Everything you ever wanted to know about basic oral hygiene, including how to keep little mouths clean and healthy while promoting cavity free kids. We offer fun dental care activities for children of all ages as well as practical ideas about sharing this information with families.



### **Special Needs COK**

#### ***Ages and Stages Questionnaire (ASQ-3) 3 hours***

Introducing the newly updated ASQ-3rd Ed. Screening questionnaire — a tool to screen a child's development in the areas of communication, gross motor, fine motor, problem solving, and social-emotional development. Learn to administer and score the instrument and share the results with parents.

#### ***Red Flags in Child Development 2-3 hours***

Learn how to recognize when a child's development may be delayed and how to refer families to local free resources. In addition to the recognition of delays in children, we focus on how to effectively communicate with the families about concerns and observations of the child care professional.



## **Child Development COK**

### ***Making the Connection!***

#### ***Brain Development in Young Children 2-3 hours***

Learn how the brain is put together and how it works. We will discuss the times when a child's brain learns things best and introduce practical play activities that are known to promote optimal brain development

#### ***Positive Discipline: Action Verses Consequences 2-3 hours***

Learn techniques on positive discipline and how to use it in your childcare setting. The tools you learn will include: choices, redirection and setting limits.

### **Community COK**

#### ***Explore the Path to Literacy 3 hours***

Gain information on how young children ages 0-5 develop early literacy skills. Includes fun, interactive and practical day-to-day activities. Participants receive a fully equipped Literacy Kit valued at \$250 per classroom, while supplies last.



**For additional information or to arrange for training, contact Helma Irving at (301) 840-3248 or**

**[irvinghelma@fs-inc.org](mailto:irvinghelma@fs-inc.org)**